



CONFERENCE ON MOTIVATION

Thursday, November 12, 2015.

Buskerud and Vestfold University College, campus Ringerike

- 0830 – 0900 Registration**
- 0900 – 0915 Welcome**
Bjørn Solheim, Head of Department, School of Business and Social Sciences, and Hallgeir Halvari, Professor, Buskerud and Vestfold University College, campus Ringerike, Norway
- 0915 – 1000 Supporting employees' motivation in work organizations**
Edward L. Deci, Professor, University of Rochester, Rochester, USA, and Adjunct Professor, Buskerud and Vestfold University College, campus Ringerike, Norway
- 1000 – 1015 Break**
- 1015 – 1035 Mindfulness in organizations**
Anja Olafsen, PhD scholar, Buskerud and Vestfold University College, campus Ringerike, Norway
- 1035 – 1055 The dark side of information technology: A self-determination perspective**
Øystein Sørrebø, Professor, Buskerud and Vestfold University College, campus Ringerike, Norway
- 1055 – 1120 Break**
- 1120 – 1140 Do you get what you pay for? Sales incentives, motivation, and employee outcomes**
Bård Kuvaas, Professor, Norwegian Business School, Oslo, Norway
- 1140 – 1200 The links between motivation, well-being, and performance at work: Does mental relaxation from work play a role?**
Kristine Mathisen, MS, and Anja Olafsen, PhD scholar, Buskerud and Vestfold University College, campus Ringerike, Norway
- 1200 – 1230 The dream of a great place to work**
Hans Olav Hellem and Cecilie K. Hårvik, Making Waves AS
- 1230 – 1330 Lunch**



- 1330 – 1415 Self-determination theory applied to health**
Geoffrey Williams, MD, PhD, Professor of Medicine and Clinical and Social Sciences in Psychology at University of Rochester, Rochester, USA
- 1415 – 1435 Ability to meet recovery demands explain differences in burnout in Norwegian high-performance soccer coaches**
Marte Bentzen, PhD, Norwegian School of Sport Sciences, Oslo, Norway
- 1435 – 1455 Motivational predictors of increases in exercise and health at the workplace: A randomized controlled trial**
Cathrine Pedersen, PhD scholar, Norwegian School of Sport Sciences, Oslo, Norway
- 1455 – 1520 Break**
- 1520 – 1540 Motivation and physical activity among psychiatric patients**
Anders Farholm, PhD scholar, Norwegian School of Sport Sciences, Oslo, Norway
- 1540 – 1600 Emotional regulation of anxiety for dental treatment**
Anne Elisabeth Münster Halvari, PhD, University of Oslo, Oslo, Norway
- 1600 – 1630 Translating theory and research into practice**
Christopher P. Niemiec, PhD, Senior Lecturer, University of Rochester, USA

Conference Concludes